Fall 2024

Volume 40, Issue 4

EMERITI-RETIREE NEWSLETTER UC SANTA BARBARA

From the Retirees Association's President



Happy Fall! I hope you all had a nice and relaxing summer.

Since my last update to you, we held our Annual Picnic in July at Stow Grove. We had a wonderful turnout, excellent barbecue from the Santa Barbara Chicken Ranch and some rambunctious bingo. In August, members attended a sold out tour of Lotusland. This tour was particularly special because the lotuses were at peak bloom.

The Chancellor will soon hold his annual Reception for New Retirees. This event is a nice way to recognize and celebrate our awesome new retirees as they enter their new non-work life.

Also upcoming is our annual Holiday Party. This year we will be having it on Thursday, December 12 at the Glen Annie Golf Course. We'll have a buffet lunch and a fun drawing of gift cards for local restaurants and businesses and gift baskets of local products. We had a lot of fun with last year's drawing so expect this year's to be even better! All proceeds will go to a UCSB student scholarship. Party information will be sent out in November.

In more formal business, I attended an informal summer meeting of the Council of University of California Retiree Associations (CUCRA) at UC Irvine with our two CUCRA representatives, Robert Mann and George Hopwood. We met with fellow representatives from our Southern California campuses to discuss issues of concern including recruiting new board members (a common problem at most campus associations), and CUCRA leadership's efforts to work with the Office of

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From the Emeriti Association's President

Dear Colleagues,

This is our second year of no dues/universal membership for emeriti, spouses, partners, and survivors of emeriti. To replace membership dues, an Emeriti Association Program Fund is in the process of being created. More information will follow about how to contribute to this fund. Your support will help us to offer a range of programs and initiatives to protect your interests, ensuring that university benefits and privileges are sustained.

Participating in Emeriti Association programs is a great way to maintain connections with UCSB and former colleagues. You regularly receive email notices of upcoming events, and you and your spouse or partner are welcome to register and attend.

Thanks to the Emeriti Association (EA) Program Committee, we've had guided tours of museums: the Santa Barbara Museum of Art, the UCSB Art, Design & Architecture Museum, and the Hermitage Museum. We have regular bike-to-breakfast rides. We've taken nature walks at North Campus Open Space, Coal Oil Point Reserve, Sedgwick Reserve, and the Carpinteria Salt Marsh - as well as a botanical walking tour of the UCSB campus. A guided birding tour of Lake Los Carneros is scheduled for November 7. And throughout the year we offer webinars on topics of wide interest. You can access previous webinars at this page of the Emeriti Association's website.

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UC Santa Barbara Retiree Open Enrollment for 2025 October 31, 8 am - November 22, 5 pm Open Enrollment changes will be effective January 1, 2025 Satisfied with your current benefits elections? Not making any changes? Then, no action is required and all existing benefits will roll over to the new plan year effective January 1, 2025. New This Year: Virtual Open Enrollment Office Hours! The RASC Insurance Team will be hosting virtual Open Enrollment Office Hours on October 24, 31, November 7, 14, or 21, 2024, from 12:00 PM to 1:00 PM Here is the Zoom link: https://UCOP.zoom.us/j/2423685079omn=99942711333&from=addon Local Workshops with Janelle Mirzaei! **Helpful Links** Webinar on November 1 at 9 am -**Open Enrollment** https://ucsb.zoom.us/j/82062108185

Retiree Medical Plan Costs for 2025

Which Medicare Plan is Right for You?

Live Presentation Nov. 4 at 2 pm -Same content as Nov. 1 plus Q&A in Mosher House's Alumni Hall

A message from Cheryl Lloyd, Vice President of Systemwide Human Resources, about the increase in medical premium prices.

MAKE CHANGES by Friday, November 22 at 5:00 pm

To make all Open Enrollment changes, Retirees will use UC Retirement At Your Service (UCRAYS)

If you do not wish to make any changes you do not need to take any action. Your current health insurance will continue, but your costs may change.

Questions about benefits enrollment call: UC Retirement Administration Service Center (RASC)

Phone: 1-800-888-8267 Hours: 7:00 am to 4:30 pm PT, Monday through Friday



Cybersecurity Month: Understanding Deepfakes

Jackson Muhirwe, CISSP, Ph.D., Chief Information Security Officer



UCSB is participating in UC Cybersecurity Awareness Month (UCCAM) during the month of October. The goal of UCCAM is to increase systemwide awareness about cybersecurity and to educate our campus community on ways to better protect yourselves and your devices from cyber-attacks. This article focuses on understanding **deepfakes**.

What are deepfakes?

A deepfake is a synthetic audio or video created using deep learning, a type of machine learning that mimics the human brain's ability to process information. While deepfake technology can be used for entertainment and creative purposes, it also poses significant risks due to its ability to spread misinformation and commit fraud.

Deepfakes can be exploited by cybercriminals in several ways:

1. **Social Engineering Attacks:** Cybercriminals use deepfakes to impersonate trusted individuals, such as employees or family members, to deceive victims into sharing personal information or financial assets.

2. **Blackmail and Extortion:** Exploitative deepfake content can be created to blackmail or extort money from individuals or organizations, threatening to release the fake material unless demands are met.

3. **Misinformation:** Deepfakes can generate realistic but false content, spreading misleading information or propaganda to manipulate public opinion.

To identify deepfakes, watch out for audio synchronization and ensure the audio matches the lip movements of the speaker. Also, pay attention to facial features, noting if the speaker has unnatural blinking, flickering around the eyes, or inconsistent lighting and shadows.

Using Artificial Intelligence (AI) to Combat Deepfakes

Al technologies are being deployed across many platforms to counter deepfakes. Microsoft has developed a tool that assesses photos and videos for authenticity, while Intel's <u>FakeCatcher</u> analyzes image pixels to detect manipulation.

For further learning and practice, visit <u>Kellogg School's Deepfake Detection</u>. If you encounter deepfake content involving you or others, report it to the hosting platform to help address the issue.

Don't forget to check out <u>UCSB's lineup of UCCAM events</u> this month! Students, staff, faculty, family, and friends are all encouraged to join and learn. The UC Cyber Champions group also has <u>a full list</u> <u>of systemwide events occurring throughout October</u>. We appreciate your engagement and hope you stay cyber safe!



Attention all UC travelers, adventurers, friends and family. It is time to think about places to go and places to see. UC Retirees Travel has 15 adventures planned in 2025: Costa Rica, Italian Vistas; Japan; Danube River Cruise; Northern Italy; America's Cowboy Country; Ultimate Africa; Canadian Maritimes; Scandinavia; The Azores; Coasts and Country Sides of England; French Impressions; Northern Spain & Portugal; Niagara Falls to NYC, Cuba Discovery. We look forward to packing our bags, getting our plane tickets, and venturing out.

Remember, all UC Retiree Travel trips include airfare (or a land-only option), hotels, most meals, most excursions, and transportation. Learn more at:

UC Retirees Travel

Fall 2023: Events & Webinars for UCSB Emeriti & Retirees

Stay tuned to your inbox to receive registration details for the following events. Please contact <u>Ellen Pasternack</u> if you would like to be added to the Emeriti Retiree Center email list. A full calendar is posted on the <u>Emeriti Retiree Center website</u>.

DATE	EVENT	TIME	LOCATION
Thurs, Oct 15	Chancellor's Reception for New Retirees	3 to 5 pm	Mosher Alumni House, Alumni
Thurs, Nov 7	"COVID: Campus Management" with Stu Feinstein	4 pm	Zoom Webinar
Sat, Nov 9	Guided Bird Walk of Lake Los Carneros with Rob Lindsay— RSVP to <u>Ellen Pasternack</u> or	9 to 10:30 am	Lake Los Carneros
Thurs, Jan 23	Lunch at The Club and Presentation by Fyl Pincus, Professor Emeritus, Physics—RSVP to <u>Ellen Pasternack</u> or 805.893.2168	1 to 2:30 pm	The Club & Guest House
Thurs, Feb 20	Webinar with Patricia Cline Cohen, Professor Emerita, History. Subject TBA	4 pm	Zoom Webinar

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Retirees President cont'd from page 1

the President on streamlining the UC benefits websites and portals for retirees. The goal is to have a "one stop shop" instead of the current maze of financial, medical and other websites that UC retirees access. Robert Mann and I will be attending the next formal CUCRA/CUCEA meeting at UC Santa Cruz at the end of October. It is anticipated that we will receive updates from OP on any changes to our benefits for Open Enrollment, especially relating to retirees who live out of state.

By now you have probably received a request from CUCRA to participate in a brief, 10 minute online survey of your activities and contributions since working at UCSB. If you haven't done so already, please complete this important survey. Previous surveys have highlighted the achievements that UC retirees continue to make as volunteers, advocates, ambassadors, caregivers, artists, and more. The results from this survey will allow us to advocate more effectively on behalf of all UC retirees, help the Office of the President, campus and laboratory administrators better understand the contributions made by retirees to UC and the broader community, and to assist the UC retiree associations and retiree centers in creating and improving programming. I also would like to remind you to send in your annual membership if you haven't done so already. The \$15 annual fee is quite a bargain and helps support all that the Association does.

Lastly, if you are interested in getting involved with our association, have a spare hour or so a month and would like to join our board as a member at large, we would love your input and support. You can contact Ellen Pasternack at <u>ellen.pasternack@hr.ucsb.edu</u> or 805-893-2168, or myself at <u>ksummerfield@gmail.com</u>, if you are interested or have any questions.

Sincerely, Kim Summerfield President Retirees Association



A Message for emeriti from Leesa Beck, Assistant Vice-Chancellor, Academic Personnel

"I plan to continue conducting research in retirement. Do I need a recall appointment as a Research Professor?"

A lot of retired faculty choose to continue conducting research, publishing, and mentoring graduate students long after transitioning into emeriti status. Often there is confusion about what is allowed with the emeriti faculty status, and many faculty erroneously believe that they need a recall appointment as a Research Professor or other academic title in order to keep performing these functions. However, in most cases this is not necessary. Emeriti faculty can continue conducting research, using University facilities, and administering grant funds without any special approval or recall position. They can also mentor graduate students, and serve on or even chair dissertation committees.

That said, there are sometimes circumstances under which an emeriti faculty does need to be granted an actual recall appointment, usually into the Research Professor title. The most common scenarios are when the faculty member is conducting research for which they need to be paid. In order to receive pay from their grants, they must hold an actual recall appointment. In these cases the recall appointment is usually made for one year, and is subject to all the normal restrictions for recall appointments (cannot start less than 30 days from retirement, limited to no more than 43% time, etc.). Another possible scenario is that they do not need to be paid, but are administering funds from an external source that requires they hold a current appointment. In these cases a 0% recall appointment may be appropriate.

Retired faculty who have questions about what is allowable with their emeriti status should reach out to their departmental academic personnel analyst. The Office of Academic Personnel is also happy to assist, particularly with more complicated scenarios.



Complimentary Parking Permits for Emeriti & Retirees

If you are an emeritus/a or retiree who would like to have a parking permit, you can procure one online or in person. Emeriti can **procure a parking permit at this** <u>link</u>. Retirees can **procure a parking permit at this link**. Be sure to have your Retiree ID card at the ready. Please note that recalled faculty/staff who are on paid recall are not eligible while employed. Questions? Please contact <u>TPS</u> directly, or call **805** -**893-2346** to arrange for a permit. TPS will check in with you annually to ask if you still need your permit.

Need an ID card? Contact the Emeriti/Retirees Center at <u>epasternack@ucsb.edu</u> or call **805-893-2168**. ID cards are available electronically. You may choose to print the card, or save it on your phone to present as requested. Emeriti and Retirees ID cards do not expire.

Emeriti President cont'd from page 1

We look forward to the third annual celebration of continuing emeriti research hosted by the UCSB Library. And we collaborate with the UCSB Center for Aging and Longevity Studies (CALS) for a talk on Memory and Aging by Professor Charan Raganath, Director of the Dynamic Memory Lab at U.C Davis. (March 3).

The Emeriti Welfare Committee is surveying recent retirees to learn about their experiences now that retirement counseling is no longer available on campus. The Committee is preparing a manual of emeriti resources, to bring together information about emeriti rights in a wide range of areas including service on dissertation committees, recall appointments, and use of research funds earned while active faculty. EA Board member Denise Bielby is chair of the Emeriti Welfare Sub-Committee of the Academic Senate Council on Faculty Welfare, and she brings our concerns to the Council.

The Oral History Committee is planning the first interviews in what will be an archive of conversations with emeriti, recording and preserving memories of UCSB and academic careers.

Work on the Emeriti Association's new website is well underway and we look forward to sharing it with you before the end of the year.

The Development and Engagement Committee is actively involved in fundraising activities on behalf of our Promise Scholars. The UCSB Emeriti Association has a successful history of supporting Promise Scholars thanks to the generosity of our members. Through the Scholarship, we help to support high-achieving, first-generation college students from low-income households who are pursuing undergraduate degrees. You can learn more about the <u>Promise Scholars</u> and <u>donate to the Scholarship Fund</u>.

With best wishes, Muriel Zimmerman President UCSB Emeriti Association



The UCSB Current: UC Santa Barbara News & Events

UCSB's official news site updated daily with breaking news, events, and research news from the University of California.

Click here to see the latest edition.

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IN MEMORIAM				
Robert Dolin Student Affairs Information Systems July 2012	F Scott Lemere Development May 2024	Emma Orlando University Food Service 1987		
Kathleen Graham	Peter Merkl	Francesc Roig		

Vice-Chancellor of Research
July 2012Political Science
July 1993Physics
July 2010Eugene Johnson
Mathematics
July 1994Robert NoelMary Socorro Lopez
Unlisted
July 1994

Losing a loved one is never easy, and it can be difficult to settle your loved one's estate while you are still grieving. Detailed information on the steps you need to take can be found at <u>Your Guide to Survivor and Beneficiary Benefits</u> booklet. UC staff will work with you to explain any benefits available to you and to other survivors or beneficiaries. The <u>Retirement Administration Service Center</u> will be your primary point of contact. RASC representatives can answer questions and guide you through the process of claiming both UCRP benefits and UC-sponsored health and welfare benefits, if you're eligible. Report a death via <u>Retirement At Your Service (UCRAYS)</u> or contact the RASC Survivor Intake Unit at **1-888-825-6833** (or 1-510-987-0200 from outside the U.S.), 8:30 a.m.- 4:30 p.m., Monday through Friday.

Have you moved recently?

If you have moved, please remember to contact the following with your new address:

- ⇒ UC Retirement Administration Service Center (RASC) 800-888-8267 will forward your updated address to your insurance carriers. You can update your contact information via <u>Retirement At Your Service</u> Online (UCRAYS)
- ⇒ To send to RASC via USPS, the change of address form for retirees is found here –<u>UBEN131</u>. Once completed, the form should be sent to RASC (address on UBEN 131 form)
- \Rightarrow <u>Social Security</u> if you are on Medicare
- ⇒ UCSB Emeriti/Retiree Center send email to <u>epasternack@ucsb.edu</u>

Congratulations to Professors Patricia Cline Cohen, History, Fyl Pincus, Physics and Verta Taylor, Sociology

who have been chosen as the Dickson Emeriti Professors for 2024-2025!

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Dear Retirees Association & Emeriti Association members:

You are graciously invited to subscribe to the UCSD Retirement Association YouTube channel. Subscribe <u>on this page</u>: <u>https://www.youtube.com/c/UCSDRetirementAssociation/</u> <u>featured</u> By subscribing, you will receive notifications of new video programs posted to the channel.

On RAYT, you will find videos presenting all aspects of <u>Senior Seminars</u> (Intro to Social Security, Advanced Claiming Strategies for Social Security, Fiduciary, Estate Planning, Elder Abuse, Long Term Care, etc.), as well as two Faculty lecture series (the <u>Emeriti Association</u> <u>Faculty Lecture Series</u> and the <u>RA Emeriti Faculty Lecture Series</u>), <u>History and Archaeolo-</u> <u>gy</u>, <u>Financial Seminars</u>, <u>Food Demos</u>, <u>Gardening Series</u>, <u>Arts & Culture</u>, and <u>so much more</u>. This will all be at your fingertips for FREE.

We hope you will join us on our channel by subscribing to it. You will learn a lot by being a subscriber to this channel.

Best regards, Vania

Vania Bailon, Director UC San Diego RRC/RA/EA Chancellor's Scholars & Emeriti Mentor Programs

9500 Gilman Drive, Dept. 0020 La Jolla, CA 92093-0020 Phone: 858-534-4724 Email: <u>scioffi@ucsd.edu</u>



Live Entertainment From UCSB!

Enjoy live entertainment on campus, or downtown:

Carsey-Wolf Center

Cloud Gate Theatre of Taiwan

Department of Music Events

Department of Theatre and Dance

UCSB Arts and Lectures

UCSB Human Resources SAASB Third Floor, Room 3101 Santa Barbara, CA 93106-3160

<u>Website</u> <u>Map</u>

CENTER COORDINATOR:

Ellen Pasternack

Email: epasternack@ucsb.edu

> PHONE: 805-893-2168



UCSB Retiree Association 2024-2025

Officers

Kim Summerfield, President OPEN, Vice-President OPEN, Secretary Andrea Carr, Treasurer Julie Luera, Membership OPEN, Activities Robert Mann, CUCRA Rep George Hopwood, CUCRA Rep

Ex-Officio

Barbara Anderson Ginny Turner-Scholl

UCSB Emeriti Association 2024-2025

Officers Muriel Zimmerman, President Cynthia Brown, Vice-President Patricia Cline Cohen, Secretary Mary Nisbet, Treasurer John Gilbert, CUCEA Rep

Members-at-Large

William Ashby Ellen Broidy Dorothy Chun Scott Cooper Tom Gerig John Gilbert Judy Gough Loy Lytle Brenda Major Claudine Michel William Prothero Carol Gemberling Stewart Sandra Thompson Robert Warner Simon Williams

Bison in Wyoming by Susan Lowry

UCSB Human Resources Holiday Closure

2024 campus closure dates have not been announced as of the date of publication. They are typically scheduled the week before, and/or, of Christmas. During that time, you can go to these links for assistance: Health Plan Contacts:

http://ucnet.universityofcalifornia.edu/contacts/plan-contacts.html

UC Retiree Administration Service Center (RASC) 1-800-888-8267 (General) or 1-888-8256833 (Survivor Unit) https://ucnet.universityofcalifornia.edu/contacts/rasc.html

UCnet : <u>https://ucnet.universityofcalifornia.edu/</u>

Fidelity Retirement Services 1-866-682-7787 or <u>https://nb.fidelity.com/public/nb/default/home</u>