



Emeriti & Staff Retirees Newsletter

Published by UCSB Emeriti/Retirees Center

A Message from the Emeriti Association President...

The UCSB Emeriti Association enjoyed its Spring luncheon at the Faculty Club on Saturday, April 14th. Our special guest speaker was Professor Emeritus Thomas Scheff of the Department of Sociology, who gave a fascinating talk, "Love and Alienation in Popular Songs", complete with recordings, comparing the varied emotional content of the texts of post war popular music. For many of us, it was a nostalgic reminder of younger days.

At the same meeting, our annual election returned all continuing Association officers to their assigned posts as well as adding David Sprecher, Walter Mead and Sheldon Kaganoff to the Board. The Board of Directors will have its next planning meeting during the month of August in anticipation of our Fall luncheon on Saturday October 13th at the Faculty Club. We will send out reservation forms in due course, but in the meantime, please mark your calendars.

A number of emeriti have kindly responded promptly to the 99-01 Biobibliography Survey, and we are presently compiling a report on our members' activity to submit to CUCEA. A fascinating picture emerges of the breadth of emeriti interests and research/scholarly activity. We will bring a report to you in a future issue of the Newsletter. If you haven't returned the form, there is still an opportunity to do so in the next couple weeks before we must meet our deadline to CUCEA.

Membership and dues forms for the next academic year will go out later this summer along with a copy of our handsome new brochure designed by Roberta Bloom of Instructional Resources Artworks and supported by the Human Resources office. A website for the Emeriti Association is presently being designed.

I hope all will have a pleasant/restful/productive summer, and we look forward to seeing you at our next luncheon.

Carl Zytowski



A Message from the Retirees Association President...

Happy Fourth of July, I hope everyone is enjoying a lazy summer, and I also hope to see you at our July 18 meeting at Josie's Restaurant, 9:00 a.m. This will be a social breakfast. During the summer we do not schedule speakers but, starting in September, we will so be sure and read the next newsletter. It will have all the information. I'm looking forward to an interesting year as your President and hope you will consider attending some of our Breakfast Meetings. Also if you haven't sent in your \$10.00 dues, now is the time to do it. We need you!!! See you soon,

Beverly Ruprecht

UC Care Presentations

Representatives from Aetna U.S. Healthcare
will be at UCSB for two sessions on:

July 20, 2001

9:30 to 11:00

or

1:30 to 3:00

Human Resources Learning Center
(SAASB 3101DD)

No reservations are needed,
however, seating will be available on a first-come basis.

The presentation will cover the following topics with opportunities to ask questions.

UC Care, Point of Service Medical Plan

UBH, Behavioral Health Plan

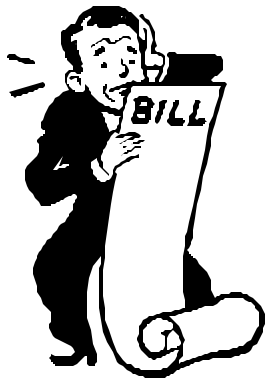
ASHP, Acupuncture and Chiropractic Care

The Comings and Goings of UCSB's Retirees

My retirement in 1988 from the Financial Aid Office has been awesome! Kay and I celebrated our 49th Anniversary on May 17th. We are blessed with three children and four grandchildren, all living in the Santa Barbara area. Kay and I have taken a seven-day cruise to the Mexican Riviera and a 12-day cruise to the Caribbean. Our frequent trips are to Laughlin and Reno. We have beautiful rose and flower gardens. Retirement life couldn't be better. **Ray Arlt**

My move to Tucson, Arizona to be closer to family has worked out great. The weather is perfect for my arthritis. Living in an Active Adult Community called Sunflower by Dell Webb is just a lot of fun. The Village Recreation Center is next door to me with a swimming pool, bocce and tennis courts, fitness gym and activity rooms for poker, bridge etc. I serve on two committees of the Residents' Management Association. Kyi Kyi and I did our annual trip to Burma and Thailand for six weeks in March. It was one of our better vacations. In May we were off to the Holy Land for a ten-day tour in spite of the tension there. Jerusalem was very interesting and so were all the holy sites we visited. We plan to be in Florida and the Caribbean in the fall. **San Hla**

Ginny and I just completed our annual trek to Australia to check up on our two Australian grandchildren, ages 6 and 9. We added a couple of weeks in New Zealand to catch up with many friends there. We had spent several sabbatical years in Wellington, so trying to see everyone we'd like to visit results in a very busy time. I've just completed a little book titled THE GEOLOGY AND LANDSCAPE OF SANTA BARBARA COUNTY AND ITS ISLANDS. This is aimed at the interested layman. I hope it will be out by the end of the year and is likely to be published under the auspices of the Museum of Natural History. **Robert Norris**



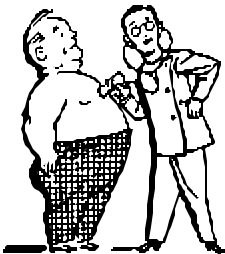
A Little Guidance From the Health Care Facilitator

What should I do when I receive a bill from a physician or other health care provider? Shouldn't Medicare or my University insurance pay this medical expense?

In most cases, we've found that the physician's business office needs more information about your insurance to fully process the claim. Most annuitants have Medicare as their primary insurance and a University sponsored plan as their secondary insurance (UC Care or High Option). If the physician's office does not have complete information about the University plan, you may receive a bill for the balance of the expense not paid by Medicare.

If you receive a bill from a physician, call the customer service number on the statement. Confirm that the physician's office has the correct information about your insurance. Some offices are still billing Prudential, rather than Aetna, our new insurance carrier for UC Care and High Option. Some offices may not know that you have a secondary insurance. Don't assume they have the information. Give them a call to be sure.

To avoid "balance billing", show both your Medicare card and your University insurance card to the medical receptionist at each appointment.



How do I find a UC Care physician? Is there a list of UC Care physicians?

UC Care is a "point of service" plan. It has three levels, or "tiers" of medical benefits. Within each tier, there is a different balance of cost and freedom of choice. Each time you need medical care, you decide which tier you use and which physician or health care provider will meet your needs.

In Tier 1, your Primary Care Physician (PCP) will coordinate your care. Each PCP is affiliated with a medical group or Independent Practice Association (IPA). When you need to see a specialist, your PCP will refer you to a physician, lab, etc. in that medical group or IPA. [In Santa Barbara your physician will be affiliated with either Sansum-Santa Barbara medical group or the Santa Barbara Select IPA]. You pay a \$10 copay for most doctor's office visits, the plan pays 100% of most other covered services.

In Tier 2, you coordinate your own care by making self-referrals to physicians in the Aetna USAccess network. There are several ways to find physicians by name, specialty or location:

(see Guidance, page 4)

**A Little
Guidance**

1. Ask the physician or health care provider if he/she is contracted with the Aetna USAccess plan.

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2. Use the Aetna DocFind website: <http://www.aetnaushc.com/docfind/custom/uc>

3. Phone Aetna Customer Service: 1-800-313-3804.

You pay a \$40 copay for most doctor's office visits and \$500 copay for most inpatient hospital services.

In Tier 3, you coordinate your own care by making self-referrals to physicians who are NOT in the Aetna network. You may see any licensed physician. In Tier 3, you must meet a \$500 annual deductible before the plan pays benefits. After you meet the deductible, the plan pays 60% of usual and customary charges for most covered services, you pay the balance. In most cases, you must file your own claims with Aetna.

If you have questions or need assistance, please contact Laura Morgan, UCSB Health Care Facilitator, at (805) 893-4201.



UCSB Emeriti Association - History 101

Ralph Nair

The Santa Barbara Campus Emeriti Faculty Association is only two years from approaching its first quarter century of existence. In 1978 two events of significance to UCSB emeriti faculty occurred.

The first was on March 31 of that year when thirty-five emeriti faculty convened at a luncheon meeting at the Montecito Country Club and formally organized an Emeriti Association. A brief one page set of bylaws dealing with membership, objectives, officers, dues and meetings was adopted. The purposes enumerated for the then new organization were:

“To promote the welfare of the University, to act in concert with similar associations on other campuses and to encourage social and cultural activities among members.”

The second event occurred just ten days later that year on April 10th when five members of the Academic Senate (F. Halterman, E. Noble, U. Palmer, L. Sauer, L. Walton) presented that body a request for a standing committee of the Division on “Emeriti Relations and Retirement Matters”. The rationale summarized was:

“Currently, there is no committee of the Santa Barbara Division which has specific responsibility for keeping in touch with the emeriti members of the Division so as to foster their interests and welfare, and to enhance the opportunities for emeriti to continue their contributions to the University. Moreover, no Divisional committee is specifically charged with keeping the Division informed systematically about pre-retirement and retirement problems such as changes in the University Retirement System. The Committee on University Welfare has many concerns and it generally does not maintain the watch on retirement matters

(see History, page 5)

history It was seven years later in 1985 during the first of four years as Chair of the Association that
101 efforts were initiated by the writer to secure an Emeriti Center through the Academic Senate
Committee on Emeriti Relations and Retirement Matters. Following approval of that com-
ontinued mittee and confirmation by the sister Committee on Faculty Welfare the project of an Emeriti
from Center was brought to the entire campus Legislature.
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With the endorsement of the Faculty Legislature in 1986 and the approval of Chancellor Barbara Uehling in 1987, the Center was allocated space and opened in two rooms in South Hall in September of 1988.

Grateful credit is given to Acting Vice Chancellor James Hobson for facilitating the establishment of the Emeriti Center here at UCSB as he did earlier at UCLA in 1969 during his active years as Vice Chancellor there.

Prior to the Center's opening an allotment of 19900 funds were made providing a ½ FTE Coordinator and furnishings for the adjacent rooms. One was a computer and telephone equipped office and the other furnished with retirement literature for pre-retirement faculty planning and private conferencing.

Six years ago the move to the Student Affairs and Administrative Services Building reduced allotted space to a small six foot cubicle out of which the "Center" functions today in Human Resources on the third floor of SAASB. Ironically, as indicated in an earlier Newsletter saga the posted wall sign depicting "Emeriti Center" actually is a spacious conference room reservable by anyone on campus.

In 1990 the Emeriti Association assisted in the organization of the Staff Retiree Association and sponsored the name change of the Center to the Emeriti/Staff Retiree Center as well as the name change of the Newsletter displayed in this publication today. It is distributed quarterly to over 1,100 retired faculty and staff as well as to a number of campus administrative and academic senate chairs.

Both associations as documented by activities listed in the News letter provide, in conjunction with Human Resources, valuable services to those retired from the campus. The previous Winter issue of the Newsletter detailed the current academic year's added service, "The Health Care Facilitator Program". This is a good reason to retain back issues for reference.

The Associations's Fall and Spring luncheons at the Faculty Club provide opportunity to visit with old friends and long time colleagues. There members and guests enjoy the Chef's special menu and selected speakers from the campus active and retired faculty assuring each event as a special occasion. At the present time an Emeriti Association brochure has been revised for distribution by Fall. Plans are underway for a web page as well.



Happy 4th of July !!!



UCSB Retirees Association Scholarship Fund

I feel extremely honored to have been selected to receive a scholarship from your distinguished organization. This extremely generous grant will be put to good use as I proudly begin my sophomore year at UCSB, double majoring in Dramatic Arts and Communications.

Having lived in Carpinteria all of my life, I have many wonderful memories of community outreach opportunities at UCSB particularly those sponsored by Arts & Lectures. Now, as a full-timed student, I can experience first-hand all that the University has to offer, and reap the benefits. The chance to gain knowledge at this esteemed academic institution is a dream come true; a dream that you have helped to make a reality. I am grateful for your support of my future goals.

With much appreciation,

Geren Piltz



Retirees Annual Potluck Barbecue

The weather and company of nearly 90 retirees and guests brought upon a delightful presence at the retirees annual potluck barbecue. We thank everybody who took the time to prepare and bring a dish to share. One dish clearly favored by all was made by retiree Jo Millett. She has graciously agreed to share her secret below:

BROCCOLI SALAD

2 cups finely chopped celery	7 LARGE heads/crowns fresh broccoli
2 bunches green onions (about 10-12 onions)	1-1/2 Ib. regular sliced bacon
2 cups slivered almonds, toasted	2 cups mayonnaise
1 cup sugar	4 Tbls. cider vinegar

Everything can be made ahead and kept in separate containers until ready to assemble and serve. The above recipe makes a very large bowl of salad. It will probably serve about 20 people. The recipe can be halved, doubled etc.

Dice the bacon in small pieces and cook thoroughly; drain well; cool. OR cook crisp, drain, cool and crumble. (Do NOT use canned bacon 'pieces' - not satisfactory.)

Chop green onions and tops in small pieces. Cut off tough stems of broccoli and cut flowerets into small pieces. Crisp in cold water in a bowl. Drain well on toweling before making salad. (Very nice if crisped overnight in the refrigerator.) Finely chop celery.

Toast almonds in 325 degree oven, stirring often. Remove from oven and cool.

Combine mayonnaise, sugar and cider vinegar, stirring well to blend. Keep in covered containers in refrigerator until ready to assemble salad.

Broccoli flowerets now come in 1-Ib. packages. Though more expensive than whole stalks, 'tis easier and less time consuming to use for salad. Just cut off the small stalk part and divide or cut flowerets into small pieces. This recipe would take 3 (1-Ib.) packages of flowerets.

ENJOY!!

Upcoming Retirees Association Social Events

July “*They’re Playing Our Song*”: July 15th, Sunday. Circle Bar B Ranch will be presenting Neil Simon’s “They’re Playing Our Song.” You won’t want to miss this engaging light musical.

To make reservations for “They’re Playing Our Song”, please call Mary Tanouye at 967-2697.

Please check in on our website which will be visible by mid July at hr.ucsb.edu to view events for August and September or call the Emeriti/Retirees Center at 893-2168.

UCSB Retirees Association Programs

Third Wednesday of the month

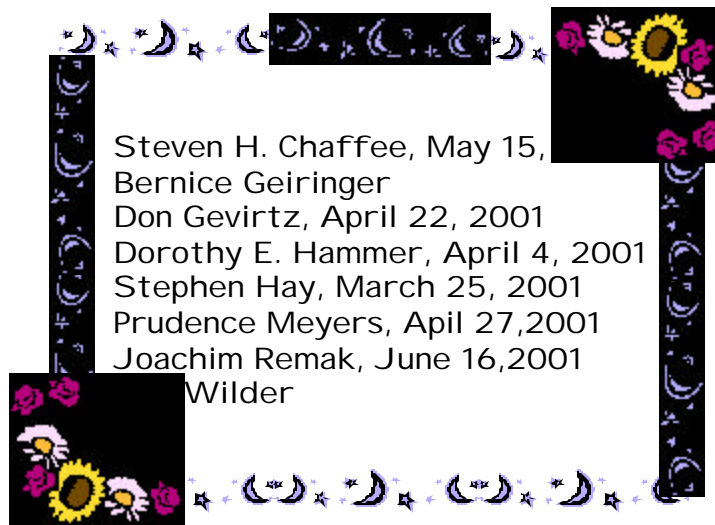
Time: 9:00am

Place: Josies FourWinds Restaurant

The breakfast meeting for July and August will take place without a speaker. We look forward to seeing you.

September 19th Roger Horton, Candidate for Santa Barbara City Council, (A Lifetime of Leadership for Santa Barbara’s Future)

In Memory



Next publication deadline is September 15, 2001.

Please respond to editor Gina Lopez at gina.lopez@hr.ucsb.edu, fax #805-893-8645 or call at 805-893-2168. Please contact Bob Price at bobprice@alum.mit.edu with your new or corrected email address. Thank you!

**Emeriti/Retirees Center
 University of California
 Human Resources - SAASB 3101
 Santa Barbara, CA 93106**



Your Association Board Members for 2001-2002

Emeriti Association Board Members

Officers

President	Carl Zytowski
Vice President	Ursula Mahlendorf
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CUCUEA Rep	William Comstock
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Retiree Association Board Members

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Vice President	Joan Devine
Treasurer	Cece Phillips
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Membership Chair	Bob Price
Program Chair	Marilyn Benson
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Ex-Officio	Donn Miller



A special thanks to Mary Tanouye and Mary Castillo who have completed their terms on the Retiree Association Board. We welcome our new Board members Jo Millett, Esther Velarde, Sheldon Kaganoff, David Sprecher and Walter Mead.

