



Emeriti & Staff Retirees Newsletter

Published by UCSB Emeriti/Retirees Center

A Message from the Retirees Association President...

HAPPY SPRING TIME TO ALL UCSB RETIREE'S:

I hope you all had a wonderful Easter!! In May you will receive notice that dues are due, \$10.00 is a small fee to pay to belong to such a constructive organization. We do so much good with our donations to scholarships and worthy charities.

Be sure to put June 19th on your calendars, that is the date of our great summer Bar-B-Q. It will be at Tucker's Grove, Kawanis Meadow Picnic Area, a good central location. This is a good time to catch up on old friendships, and enjoy some great food.

At the April breakfast meeting we will be nominating new officers for the coming year, elections will be held in May. If any of you would like to hold an office and get involved, please come to that meeting, April 17th, or call me at home 967-3102. We would really like some new members to become officers. The current officers have all agreed to serve another year unless new people with new ideas volunteer, that would be great, think about it!!

I hope to see many of you at our breakfast meeting, they happen on the third Wednesday of each month 9:00 a.m. at Josie's Four Winds Restaurant, we always have a great speaker thanks to our most competent program chairman, Marilyn Benson.

Beverly Ruprecht

A Message from the Emeriti Association President...

With each passing year, the ranks of emeriti at UCSB continue to grow: we shall shortly welcome a number of new members. Like many of us, they continue their association with the university, some in teaching and research and creative activity, others to pursue new adventures. On their behalf, the UCSB Emeriti Association continues to speak to their needs in retirement and health care matters through our membership in the Council of the University of California Emeriti Associations (CUCEA). We make our presence on campus known through such activities as the annual Panunzio Award and the biennial survey of emeriti activity; they are a clear indicator that emeriti continue to bring distinction to themselves and the university. The Board of the UCSB Emeriti Association is presently considering other ways to increase campus awareness of our presence.

As you know, our luncheon meetings twice a year have been a splendid opportunity to renew old friendships, and from our guest speakers, to be stimulated and educated by a wide range of subjects. In recent meetings, we have experienced the Little Ice Age, recalled the popular love songs of our more youthful years, diverted by Middle Eastern songs and dances, and been made aware of the very geology on which we live. Our next luncheon at the UCSB Faculty Club on Saturday, April 27th, will continue that fine tradition, and I urge you all to attend. (see Message page 2)

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Emeriti
President

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Prof. Juan Campo, of the UCSB Department of Religious Studies, will bring us a very timely topic, a comparison of The Qur'an and the Bible, a subject which has recently been covered in news articles and television programs. Dr. Campo specializes in Islamic Studies and the comparative history of religions; he has been director of UC Education Abroad programs in India and Egypt, and is chief editor/consultant for the Islam articles in the Encyclopedia Britannica/Merriam-Webster Dictionary of Religions. We are very pleased that he is able to join us on this occasion.

This is also the time for the election of next year's Officers and Board Members of the UCSB Emeriti Association. We will shortly send out reservation forms for the luncheon and announce the new slate of officers.

See you on the 27th?

Carl Zytowski



The Comings and Goings of UCSB's Retirees

I continue writing, and last year self-produced a 37-page booklet, titled "Ahoy! Diego Garcia." It describes my travel and research (elephantiasis) in Chagos Archipelago in 1969. (Available at the S.B. Maritime Museum).

I am working on a self-made 190-page book, titled: "Campsites on the Equator" anthology of previous publications related to travel and research on vector-borne tropical diseases in: Belgian Congo (1945-59); Ruanda/Urundi (1955-59); Botswana (1966-68); Kenya (1978-80); Chagos Archipelago (1969) Bookbinding is part of the "fun." **Frank L. Lambrecht**-Biology Department

We had a new sailboat built for retirement which we use a couple of times most weeks. I'm playing "Faculty Follies" tennis with former colleagues three times per week at noon. Have joined a model railroad club. Play my piano/clavinova almost daily. Golf three times per week is the latest athletic endeavor. Church choir is very rewarding. Serving as a church Deacon requires arranging food "preparation-servers" for the Santa Barbara Community Food kitchen for the homeless every 4th & 5th Monday of each month. Spent a wonderful eight-day vacation at Maui, Hawaii for my wife June's retirement present. Also, we just had our 40th wedding anniversary. We are enjoying our new grandchild Emily Grace Aldritt.
Arthur J. Aldritt, PA/REC & Athletics

I continue to travel more or less compulsively. Last year to: South America (Buenos Aires to Santiago via the Straits of Magellan); Galicia; the Netherlands; Berlin to Budapest by river; London; New Orleans (for the opening of the traveling exhibit of some master drawings; and for a symposium centered on them); and to Washington DC (for a family wedding). I organized another small, exhibit of some other drawings from my collection at The University Art Museum and lectured there and at Tulare and the Santa Barbara Museum of Art. I continue also to work preparing a new updated catalogue of the European Drawings in the collection of the Santa Barbara Museum of art and curated an exhibition of some acquisitions there since 1976. **Alfred Moir**, Art History

Dear Emeriti/Retirees Center:

Just a note to let you know that I'm recovering in great shape from surgery to replace my right hip December 6. I've been very fortunate – only had to use a single crutch instead of a cane, and now I've "graduated" to the point where the therapists tell me that I can start putting golf balls on the practice green – the first stop on my way to getting back on the golf course. Both Marian and I are very appreciative of the cards, phone calls, e-mails, and prayers that have been sent my way. Thank you very much, ***E.L. (Chally) Chalberg*** Ex-Placement Center

I did the Santa Barbara Triathlon in August 2001. I won my age group prize. In fact, I was 5 years older than the next oldest competitor. 1 mile ocean swim, 34 miles on bicycle, and 10 mile run – 5 hours 4 minutes. ***Philip Laris***, Biology



UCSB Retirees Association Programs

Third Wednesday of the month

Time: 9:00am

Place: Josies Fourwinds Restaurant
3435 State St.

April 17th Dr. Richard Oglesby, former UCSB History Department Chair and Professor will be speaking on the topic, *American Characters*.

May 15th The Potter Hotel - Santa Barbara's Grand Hotel - Presented by Neal Graffy.

June 19th Annual Tucker's Grove BBQ.

Upcoming Retirees Association Social Events

April 25th Maritime Museum Tour- 11:00 am- Located in the Santa Barbara Waterfront Center. The museum's structure was formerly known as the Old Naval Reserve Center, and was used as a U.S. Navy training facility from 1942 until 1995. Cost is only \$4.00.

May 27th Golden Nugget Hotel and Casino - May 27th through May 30th- Downtown Las Vegas. The trip will be for 4 days and 3 nights and will include 1 meal for the cost of \$130.00 per person. Please add \$54.00 for single. Travel will be accommodated by Travel Destination.

June 25th Las Vegas Hotel and Casino - June 25th through June 27th - With Lake Mead Cruise. The cost is \$100.00 per person or \$135.00 single.

Please call Social Coordinator *Marian Pentecost* at **964-1984** for further information and to make your reservations.

Almost Fifty Years at the Heart of the UCSB Campus



Did you know that the library was among the first permanent academic buildings on the “new” UCSB campus? In September 1952, ground was broken for the library. Fifty years and three additions later, the UCSB libraries remain the distinctive center of campus.

Shortly after the original library building was constructed, the campus support system emerged with the creation of The Affiliates of UCSB in 1960. Under The Affiliates umbrella were many specialized groups supporting campus activities, including Music, Arts and Library. The Library Affiliates became a separate entity, the Friends of the UCSB Library, in 1963 under the chairmanship of Dr. Frances Holden.

The Friends of the UCSB Library play a crucial role in sustaining the scholarly resources of the University, and in return members are offered a special relationship with the Library. Individual members and faculty with unique collecting interests have generously donated several of the major collections within Special Collections. Over the years, the Friends have continued to assist library services with their time, talents and treasure. More than 300 individuals hold memberships in the Friends of UCSB Library today.

The Friends of the UCSB Library was established to give interested members of the community an opportunity both to learn more about the Library and to help support its development, especially in the area of Special Collections. State funds maintain and increase the collection of standard books required in a major research library. However, special contributions are critical to purchasing the unique research tools that allow library patrons to explore and experience the beauty and wisdom of the past.

Every year, Friends funds help to support the purchase of items that otherwise could not be obtained, many of which supplement and strengthen existing collections. Most of the funds made available to the Library by the Friends come from membership fees; each year a few generous gifts also help. In addition, the Friends hold several book sales each year at the UCSB Library, offering books that have been donated by Friends and others. **PLEASE JOIN US.**

As emeriti and retirees, you continue to receive library privileges. We do ask that you check with the Circulation Desk annually to confirm address and phone information is updated. (see Fifty Years page 5)

If interest warrants, we could arrange a tour for the Emeriti Association or for you individually. Please let us know if you would like to consult with a reference librarian.

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Today, USCB Libraries are outgrowing our physical space with over two and a half million volumes. In addition to books and periodicals, our resources also include the largest collection of satellite images in an academic library in the world, the most extensive archive of printed and manuscript material related to the Civil War west of the Mississippi in the Wyles Collection, one of the country's top three collections of information about Chicano culture in the Colección Tloque Nahuague, and one of the largest collections of wax cylinder recordings in the country are in the Performing Arts Collection.

For further information, contact Joyce Ziman, 893-5509, ziman@library.ucsb.edu



Friends of the UCSB Library Membership Application


Name _____
Address: _____
City/State/Zip: _____
Home Telephone: _____

Membership category:

- Member \$25.00
- Supporting Member: \$50.00
- Patron \$100.00
- Benefactor \$500.00
- I would like to be notified of Friends Events.



Please make check payable to **Friends of the UCSB Library**. Dues and gifts are tax deductible.






Emeriti Spring Luncheon

UCSB Faculty Club
Saturday, April 27, 2002
11:30 am - 2:30 pm

Professor Juan Campo



A Comparison of the Qur'an and the Bible

Please join your fellow UC Emeritus Members, spouses, and guests at the Faculty club on Saturday the 27th for our Annual Spring Luncheon.

Please be on the look out for the reservation form which will be mailed separately. Please call the Emeriti/Retiree Center with any questions.
(805) 893-2168



Money-Saving Strategies to Make Prescription Medicines More Affordable

1. **Ask your doctor to consider prescribing generic drug alternatives that are on your health plan formulary.**

The choices you and your doctor make regarding prescription medications affect your health care costs. Talk to your doctor. He or she may not realize how much you spend on prescription medicines. Ask your doctor about alternative drug choices that are covered by your pharmacy benefit.

The design of the Health Net, PacifiCare and UC Care prescription drug benefit changed in 2002. We now have a three level plan - 1) generic drugs, 2) brand-name drugs, 3) non-formulary drugs. Each of these medical plans has a formulary of recommended medication. The High Option Medicare Supplement and Core medical plans do not have drug formularies.

A **Formulary** is a medical plan's list of preferred drugs. Formularies usually list alternative medications that often have the same therapeutics action on your body but are available at a lower cost. You will pay more for medication that is not listed on the formulary. As the cost of medication continues to rise, the medical plans are using formularies to offer the best value without sacrificing quality of care. Keeping a lid on rising prescription costs help all of us reduce health care and premium costs.

Generic drugs are the most affordable and have the lowest copay. Generic drugs have the same ingredients and dosage amounts as the brand-name drug. Generics are the equivalent of brand-name drugs whose patents have expired. The FDA performs safety, quality and effectiveness tests to ensure that the generic drug works the same way as the brand-name drug and is interchangeable with the brand-name medicine.

Brand-name drugs are the next best choice if no generic is available. When a company develops a new drug, it has a patent for 17 years. The patent protects the drug company's right to be the only manufacturer of that drug. Some brand name products are not available as generic. However, you can ask your doctor to, whenever possible, specify a product which is manufactured as a generic in order to help reduce your costs.

Non-formulary drugs are your most costly alternative. Our plans now cover medication not listed on the medical plan's preferred drug list, but you may be charged a higher copay.

2. **Use a mail order pharmacy for "maintenance medication".**

Your medical plan's mail order pharmacy is the most cost effective way to purchase medication that you take over a long period of time. Each of the medical plans, except High Option Medicare Supplement and Core, offer the option of ordering a 90 day supply of medication at a cost less than what you will pay at a participating retail pharmacy.

For example, if you are a member of Health Net or PacifiCare:

Retail – 30 day supply	Mail Order – 90 day supply
\$10 Generic	\$20 Generic
\$20 Brand	\$40 Brand
\$35 Non-formulary	\$70 Non-formulary

If you are a member of UC Care:

Retail – 30 day supply	Mail Order – 90 day supply
\$15 Generic	\$30 Generic
\$25 Brand	\$50 Brand
\$40 Non-formulary	\$80 Non-formulary

You may obtain a **Prescription Mail Order Form** and further information by contacting your medical plan's Customer Services Department at the telephone number on your ID Card.

You will need a new prescription to send with the mail order form. Tell your physician that you would like to use a mail order pharmacy service. Ask him or her for a 90-day prescription with refills, if medically appropriate.

UCSB Health Care Facilitator Program

Laura Morgan
(805) 893-4201
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Debra Herrera
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SurePay Automatic Deposit

Many retirees received their pension checks late in March, as opposed to the first of the month. U.S. Postal Services can take up to 10 days to deliver mail. To avoid receiving checks late, retirees can arrange to have checks directly deposited into their bank accounts, as well as save a trip to the bank. In addition to the direct deposit, a separate statement with check information will be sent in the mail. If you are interested in signing up for direct deposit please call the Emeriti/Retirees Center at (805) 893-2168 and we will gladly mail you the necessary form.



IN MEMORY



Helen Borges
Retired from Accounting &
Financial Services 1990

Andrew Kunellis
Retired from Facilities
Management 1989

Edmond Masson
Retired from French and
Italian 1975

Marie Neikirk
Retired from Business
Services Office 1969



Albert John Scherman
Retired from Student Health
Services 1982

We look forward to seeing you in June!

Please mark your calendar for Wednesday June, 19, 2002 for the Annual Potluck Barbecue. All current members will receive an invitation in early May. If you are not a member please send your dues in by June 10, 2002. We would love for you to join us as well! You can receive a membership application by calling the Emeriti/Retirees Center at (805) 893-2168.



UCSB Retirees Association
Annual Potluck Barbecue
Kiwani's Meadows
Tucker's Grove County Park
Wednesday, June 19, 2002



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