

Winter 2011

# Emeriti/Retiree Notes

Emeriti/Retirees Center 805-893-2168      *University of California, Santa Barbara*



## *Inside:*

Health Care Benefits  
Checklist - - - - - 2

More on Benefits - 3

Retiree Meeting  
Schedule - - - - - 4

Emeriti/Retirees  
Board Members - - 5

## **Happy Holidays Everyone!**

Our abbreviated version of the Emeriti/Retiree newsletter for winter quarter is being sent out via email ONLY.

Our regular newsletter will go out email AND U.S. Post (to those without email) for spring and fall quarters. A brief email "Note" in winter and summer will include announcements or information we would like to share.

*Wishing each and every one of you a Happy and Healthy 2012!*

## **Holiday Closure of Human Resources & Benefits Office**

UCSB Human Resources, Benefits Office and UC Customer Service will all be closed from Monday, December 26, 2011 through Tuesday, January 3, 2012. If you have questions about your health plans during this closure, please contact your physician or insurance plan.

You can find contact information for the health insurance plans on the At Your Service website: <http://atyourservice.ucop.edu>

*Retiree Association President Betty Koch &  
Emeriti Association President Douglas  
Morgan wish all our UCSB members a  
Joyous Holiday Season!*

To opt out on receiving the UCSB Emeriti/Retiree **Newsletter** (spring & fall) and/or **Notes** (winter & summer), please email: [debra.martin@hr.ucsb.edu](mailto:debra.martin@hr.ucsb.edu) and enter "Opt Out" in the subject line.

Any suggestions for making the Newsletter or Notes more helpful or interesting? Email: [debra.martin@hr.ucsb.edu](mailto:debra.martin@hr.ucsb.edu)

Thank you!



## Health Care Benefits Checklist



January is the beginning of the new insurance year. All plan changes you made during Open Enrollment will become effective January 1, 2012. Please review this checklist so that your insurance claims are processed without interruption.

### 1) Replace old medical ID card with new card(s).

The following insurance plans will be issuing new ID cards. We expect all new ID cards to be mailed to you by January 1, 2012.

Medical Plan	Who will get a new ID card?
Anthem Blue Cross Plus, PPO, High Option, Core	<ul style="list-style-type: none"> <li>NEW members</li> <li>ALL MEDICARE members will receive a DRUG ID card with a new routing bin number</li> </ul>
Health Net HMO, Blue & Gold, EPO,	<ul style="list-style-type: none"> <li>NEW members</li> </ul>
Health Net Seniority Plus Medicare COB	<ul style="list-style-type: none"> <li>ALL MEDICARE members will receive ONE card with a new drug PCN number. Use this card for both medical and drug services.</li> </ul> <p>You will NOT receive a separate drug ID card as we originally had been informed.</p>
Kaiser	<ul style="list-style-type: none"> <li>NEW members only</li> </ul>

### 2) Medicare members – Tell your pharmacy that you have a new ID card for prescription drugs.

Since there are changes in the pharmacy routing or PCN numbers in 2012, your pharmacy may need to update your information in their pharmacy system. If the pharmacy has difficulty processing a prescription drug order, please ask them to call the pharmacy number on the back of your ID card.

### 3) Check that you are assigned to the correct Primary Care Physician (PCP).

This is especially important if you changed plans this year. All Health Net, Kaiser and Blue Cross Plus members should check that the correct Primary Care Physician/Group is listed on their ID cards. If the wrong PCP is on the card, please call the member services number on the ID card.

### 4) Tell your providers if you've changed medical plans.

If you changed medical plans during Open Enrollment, please inform your physicians and pharmacy about your new plan.

If you changed medical plans, all of your physicians and other medical providers will want to see your new ID card and some may ask to see your Medicare card as well.

### 5) Transfer prescriptions to your new Mail Order Pharmacy

If you use a mail order pharmacy, you may need to submit a new mail order form and prescriptions to your new medical plan's pharmacy. Call the member services number on your ID card to confirm which mail order pharmacy your new plan uses. Ask how you can transfer your prescription to the new mail order service.

**If you have questions about your health plans or need assistance with a problem, please contact the UCSB Health Care Facilitator (*after Jan 2<sup>nd</sup>*): Laura Morgan at 805-893-4201, or email: [laura.morgan@hr.ucsb.edu](mailto:laura.morgan@hr.ucsb.edu)**

## ID Cards for Anthem 2012 Medicare Part D

The Center for Medicare and Medicaid Services (CMS) requires Anthem Blue Cross to provide new 2012 pharmacy ID cards to Anthem Medicare Part D members (all UC plans). The pharmacy ID cards with a new routing bin number (003858) have been mailed to Medicare Part D members around mid-December. Express Scripts (ESI) is working with all pharmacies to ensure a smooth transition.

It is very important that UC Anthem Medicare Part D members use their new pharmacy ID card, as the old routing bin number (610053) will be taken out of service on January 1, 2012. This means a member using their old pharmacy ID card with the wrong bin number will be denied pharmacy services after December 31<sup>st</sup>. The card carrier for the new pharmacy ID card will instruct members to destroy their old card.

Medicare Part D members having difficulty with pharmacy services after January 1, 2012 should call the pharmacy number on their ID card (old or new—the phone number is not changing).

### Walgreens Expected to Leave Anthem Pharmacy Network

Walgreens pharmacy has announced that it will no longer be part of the Anthem/Express Scripts provider network when the current contract ends on December 31, 2011. Express Scripts administers the Anthem prescription drug plans. It appears unlikely that a new deal will be reached between Anthem/Express Scripts and Walgreens before the end of the year.

Anthem members may continue to use Walgreens until December 31, 2011. After that date, Anthem members will need to transfer prescriptions to a participating pharmacy in the Anthem network. The Anthem plans include Anthem Plus, PPO, High Option, Core and Lumenos PPO.

You can find a list of participating pharmacies on the Anthem website: <http://www.anthem.com/ca/uc/> or by calling the Pharmacy Member Services number on your ID card.

### Retirees Will Be Asked to Provide Evidence of Eligibility for Dependents

All UC retirees who have dependents enrolled in UC-sponsored medical, dental and other insurance plans will be asked to validate their dependents' eligibility in a project slated to begin in February 2012.

UCOP Human Resources is launching the project to de-enroll ineligible family members in order to insure compliance with UC's Group Insurance Regulations and to fulfill UC's fiduciary responsibility to its employees, retirees and the citizens of California. "While the vast majority of our people enroll only eligible dependents, previous random reviews have uncovered a small percentage of people who either knowingly or unknowingly enroll ineligible people or fail to de-enroll dependents who are no longer eligible," said Christopher Simon, director of systemwide HR compliance.

"A key fiduciary responsibility for UC as the plan administrator is to make sure the right people are covered. Insuring ineligible dependents costs UC and its faculty, staff and retirees millions of dollars annually in premiums and other costs," Simon said. "It's in the best interest of the University and our faculty, staff and retirees to be sure only eligible people are covered. Every effort will be made to make the verification process as straightforward as possible."

Retirees who have enrolled dependents can prepare for the review in two ways:

- **Review currently enrolled family members to be sure they are eligible.** If you aren't sure whether your family members are eligible, read the Group Insurance Eligibility Factsheet for Retirees ([atyourservice.ucop.edu/forms\\_pubs/checklists\\_factsheets/grp\\_ins\\_ret.pdf](http://atyourservice.ucop.edu/forms_pubs/checklists_factsheets/grp_ins_ret.pdf)), available on the At Your Service website. You can de-enroll ineligible members by submitting a paper form (available on At Your Service: [atyourservice.ucop.edu/forms\\_pubs/forms\\_worksheets/uben100.pdf](http://atyourservice.ucop.edu/forms_pubs/forms_worksheets/uben100.pdf)) to the Retirement Administration Service Center.
- **Gather documents** you may need to provide including marriage and birth certificates, federal tax returns, court-ordered divorce decrees, custody agreements and other documents that verify your dependents' eligibility for UC coverage.

If you believe all of your enrolled dependents are eligible for UC insurance, you need do nothing more now. Watch for more information in early 2012.

If you have questions about eligible dependents, contact the **UC Customer Service Center at 1-800-888-8267**.

## Exercise Reminder

Some of the essentials for performing the most ordinary daily and many recreational activities are good balance and mobility.

Older people have a reduced ability to keep in balance due to a combination of various factors, including stiff joints, reduced muscle strength, delayed reaction times and changes in the sensory system.

Researchers identified one or more of the following activities from the exercises programs to improve balance:

- three-dimensional exercises, including Tai Chi, dance and yoga
- exercise focusing on a person's walking, balance and co-ordination
- general physical activity such as walking or cycling
- strengthening exercises
- exercise with vibrating platforms
- computerized balance training using visual feedback

### Retiree Breakfast Meeting Schedule

Meet on the third Wednesday of months September thru May, **9AM** at **Cody's Café**, Hollister/Turnpike. Join us for an interesting meeting and a chance for a free breakfast!

#### 2012

Jan 18 – Richard Oglesby, UCSB Prof. Emeritus, "Saving California"

Feb 15 – JoAnn Kuchera-Morin, UCSB Prof., Media Art & Technology

Mar 17 – Patricia Cohen, UCSB Prof., Women in American History

April 21 – Winemaking

May 19 – TBA

June 13 – Membership BBQ

*(topics and guests are subject to change – we will do our best to keep you informed)*

*Suggestions?*

*Call Betty Koch at 805-968-5568*

Time to OLLI ...  
(Osher Lifelong  
Learning Institute)



OLLI provides University-quality classes for persons over 50 in Santa Barbara County, as well as teaching opportunities. For schedule and more information go to:  
[www.csuci.edu/exed/osher.htm](http://www.csuci.edu/exed/osher.htm)



**John C. Beowulf**  
Biological Sciences  
Retired 2004

**Stanley L. Glenn**  
Dramatic Art/Dance  
Retired 1988

### *In Memoriam*

**Stanley W. Haney**

**Barbara J. Kuhn**

**George E. Love**

**Darleen M. O'Donnell**



**Bette B. Shaver**  
Registrar's Office  
Retired 1988

**Paul J. Talaugon**  
Chemistry  
Retired 2005

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We're on the Web!

<http://hr.ucsb.edu/emeriti/>

### Retiree Association Officers (2011-12)

President	Betty Koch	Program Assistant Donn Miller
Vice President	Shirley Dunbar	CUCRA Rep Tippi Lawrence
Secretary	OPEN	Social Chair OPEN
Treasurer	Irene Pearce	Ex Officio Barbara Anderson
Membership Chair	Bob Price	Members-at-large Marilyn Benson Donna Saar
Program Chair	Judy Klinge	

### Emeriti Association Officers (2011-12)

President	Doug Morgan	<b>Board Members</b>
Vice President	OPEN	David Chapman
Secretary	Janice Cloud	Alice Condodina
Treasurer	Doug Morgan	Paul Hernadi
CUCEA Rep.	Bill Ashby	William A. Prothero
CUCEA Alt.	OPEN	Tonia Shimin
		Barbara Voorhies
		Carl Zytowski